

Student Notes

Foundations **Two**



Outline of Lessons

Foundations 2

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The Bible

Foundations 2 | Lesson 1

INTRODUCTION

The Bible is one of the most important things that help us grow as we live our Christian lives. In Romans 10:17 it says that “Faith comes by hearing and hearing by the Word of God.” If we are going to grow in faith, and progress in our Christian walk, we need to read, study, understand, and live out the Bible, God’s holy Word.

What exactly is the Bible?

1. The Bible is a collection of 66 ancient books written by various authors who had direct historical and/or spiritual impact on modern Christianity, and more broadly, the world’s relationship with God.
2. The Bible is divided up into two segments, commonly referred to as the Old Testament and the New Testament.
 - a. The Old Testament comprises of 39 books, all written before Christ was born.
 - b. The New Testament is the remaining 27 books written after the birth of Christ.

What was God’s role in writing the Bible?

1. While the Bible was written by 40 different human authors, those authors were divinely inspired by God the Holy Spirit. *2 Timothy 3:16*
 - a. This means that God used humans as His writing utensil. Just like you or I may use a pen, pencil, or computer to write something, God decided to use the most powerful tool of all, the human!
2. Because the Bible was directly inspired and breathed by God, it is His word, and not the word of the human authors. *2 Timothy 3:16; 2 Peter 1:21*
 - a. The authors only wrote what God directly inspired them to write.
3. God is all powerful, and all knowing. That means that His Word is perfect! *Psalms 19:7-11*
 - a. The Bible has no contradictions or flaws. God is all knowing and perfect, and if He wrote the Bible then there is no room for error.
4. God knows the past and the future, thus His Bible is perfectly complete.
 - a. The Bible was written over a period of about 1,500 years. The most recent book (Revelation) was written on the Island of Patmos, it describes the end of the world and our eternal future.

- b. The Bible itself teaches that it is complete. Nothing should ever be added or removed from Scripture.
 - i. We are told the Law (commands of the Old Testament) is complete. *Deuteronomy 4:2*
 - ii. We are told the entirety of the Old Testament is complete. *Malachi 4:4*
 - iii. Finally, we are told that no one should change, add, or remove anything from the book of Revelation. Revelation covers themes and topics from the entirety of the Bible, thus it seals the entire Bible as complete. *Revelation 22:18-19*
- c. The Bible covers all topics that humanity will ever need. God, in His infinite wisdom knew what our problems would be, and addressed them all in the Bible.

Why should we read the Bible?

1. To get to know God, His Son Jesus Christ, and our Helper, the Holy Spirit. *Luke 24:27; Isaiah 55:8; John 14:23-24*
2. To learn how to live life the way God wants us to, so we can succeed and prosper. *Josh 1:8; Psalm 119:10-11, 119:105; 2 Timothy 3:16-17*
3. To encourage us. *Romans 15:4; Psalm 56:4*
4. To build our faith (our understanding of, trust in, and follow through for God). *Acts 20:32, Romans 10:17*
5. To expose our flaws and help us better ourselves. *2 Timothy 3:16-17; Hebrews 4:12*
6. Because Jesus tells us to! *John 8:31-32, 14:23-24*

Be a “doer” of the Word

1. James 1:21-25 tells us to be “doers” of the Word, not only hearers. That means listening is not enough, we have to do something about it! When the Bible gives us a command, we are to follow it. When it shows us a flaw in our life we are to fix it.

The importance of the perfection of the Bible

1. Some people believe that the Bible is not perfect, but rather a good guide to live by. This is a DANGEROUS assumption.
 - a. All we know about Christ either comes from Scripture, or generations of hearsay. If we trust more in our own beliefs and the thoughts of others more than we trust in the Bible, then we may as well throw the Bible out altogether.

2. While it can be logically and physically proven that the Bible is perfect, without error or contradiction, many choose not to believe this fact. Ultimately you need to seek God and ask Him if the bible is perfect. *James 1:5*
3. "Hey! I found an error/contradiction in the Bible!"
 - a. Great! That means you are seeking the truth. Some will tell you to "Just believe" and to ignore anything you think might be an error... we do not believe this! God wants true followers, not brainwashed "sheeple"! If you find something you think is an error or contradiction, study it. (*2 Timothy 2:15*). There is an answer for every question about the accuracy of the bible, and a good one, too! If you can't find the answer, find a leader to ask to help you study it. But whatever you do, don't believe just to believe... believe because you know it to be true and study until you find that truth (*John 8:32*).

CONCLUSION

The Bible is an exceptional Book. We are privileged to have it in our possession. Let us not neglect this prize which we possess. Read the Word of God daily, choose to obey what you have read, put it into practice, and observe how God totally transforms your life!

Prayer

Foundations 2 | Lesson 2

INTRODUCTION

By this point in your Christian life, you probably already know what prayer is, and pray to God from time to time. Now we want to take a deeper look into what prayer is, and how we can and should pray.

What exactly is prayer?

1. Prayer is just a fancy word for “talking to God”. God is omniscient (all knowing) (*Job 37:16; Psalm 147:5*) so He knows what you say and what you think! This means that at any time you can talk to God by speaking to Him directly (praying out loud) or speaking to Him in your thoughts (praying in your head).

What are the different ways we should pray?

1. Pray with thanksgiving.
 - a. “...in everything by prayer and supplication, with thanksgiving...” *Philippians 4:6*
 - b. “Enter into His gates with thanksgiving...Be thankful to Him, and bless His name.” *Psalm 100:4*
 - c. “Continue earnestly in prayer, being vigilant in it with thanksgiving;” *Colossians 4:2*
2. Praise God with your prayers.
 - a. “Enter...into His courts with praise.” *Psalm 100:4*
 - b. “...let us continually offer the sacrifice of praise to God” *Hebrews 13:15*
3. Pray for your own requests (petition God).
 - a. “...in every situation, by prayer and petition... [presenting] your requests to God.” *Philippians 4:6*
 - b. “In this manner, therefore, pray: Give us this day our daily bread.” *Matthew 6:8, 6:11*
4. Pray for others (intercede).
 - a. “...far be it from me that I should sin against the Lord in ceasing to pray for you...” *1 Samuel 12:23*
 - b. “I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people” *1 Timothy 2:1*

How should we pray when praying out loud in groups?

1. Pray briefly, God already knows what you are going to pray! *Matthew 6:5-8*
 - a. You are not to use prayer to try to impress anyone.
2. Make your prayers and requests clear, so that others can agree with you. *Matthew 18:19*
 - b. Our prayers are only for God, and to God. The reason we pray in groups is so that others can agree with us in prayer, making a unified request.

How should we pray by ourselves (out loud or in our heads)?

1. Converse with God and listen for his response *John 8:47; Psalm 17:6*
 - a. When not praying in a group, our prayer should be a conversation, not just a one way message. Listen to God, give Him time to speak to you.
2. Spend time with God, fellowship (hang out) with God. *1 John 1:3*
 - a. God loves us and cares about us, talk to Him! *1 Peter 5:7*
3. Always be in prayer. *1 Thessalonians 5:16-18*
 - a. You can't waste God's time, talk to Him all the time!

Why do we pray in Jesus' name?

1. The name of Jesus is powerful and has authority. *Philippians 2:9-11; Matthew 28:18*
2. Jesus tells us to pray in His name. *John 14:13*

How does God answer our prayers?

1. God is not a "Magic 8 Ball". His answers to prayer are not simply "Yes, no, or ask again later".
 - a. God is intelligent and will answer your prayers intelligently *Romans 11:33-34*
2. God's ways and thoughts are higher than ours, He knows what we need and when we need it.
 - a. Our prayers might not be answered the way we want or in the time we want, but we trust God that He knows what's best and has everything under control. *Isaiah 55:8*
3. God will give you what you ask for, if you ask according to His will *1 John 5:14*
4. God loves us, and is our heavenly Father! As our Father He will give us what we need (and sometimes what we want!). *Matthew 7:7-11*

Does sin affect prayer?

1. This is a topic of hot debate; however, the Bible is clear that if we love our sin God will not hear our prayers. *Psalm 66:18*

- a. God knows we will not be perfect while we live on this earth, but he does expect us to strive for perfection (*Matthew 5:48*). If you are living a life that loves sin, God is not going to answer your prayers. But, if you are doing your best to live a godly life, and working on ridding your life of sin, God will hear your prayers. *John 9:31; 1 Peter 3:12; Psalm 34:17*

CONCLUSION

Talk to God, it really is as simple as that! Spend time with Him, ask for things, ask about things, ask for direction in life, listen to Him, praise Him and thank Him for all He is and what He's done. Just enjoy conversing with Him!

The Holy Spirit

Foundations 2 | Lesson 3

INTRODUCTION

The Trinity is a vital part of our Christian faith. We, as Christians believe in God the Father, God the Son, and God the Holy Spirit, all being equal, all being part of one God, and all being fully God themselves. We talk a lot about the Father and the Son, but often times we neglect to really know the third Person in the trinity. If we study the New Testament we see that the third Person, the Holy Spirit, is an important part of our Christian walk. We must seek to know Him more!

Who is the Holy Spirit?

1. The Holy Spirit is God's own Spirit, sent to us to be our helper and guide. *John 14:16-17*
 - a. He will never leave us *John 14:16*
 - b. He will teach us all things *John 14:26*
 - c. His work is to convict us of our sin *John 16:8*

When do we receive the Holy Spirit?

1. The Bible makes it clear that when we are saved we receive the Holy Spirit, that He comes and dwells inside of us right at the moment of salvation. *Romans 8:9; Ephesians 1:13-14*
 - a. How then do we receive the Holy Spirit?
 - i. We receive the Holy Spirit when we accept Jesus Christ as our savior (I.E. get born again). *John 3:5-16, 7:38-39*
 - ii. It is a free gift from God at the moment of salvation, we need to do no more than be born again. *Acts 2:38-39*

We receive the gifts of the Holy Spirit by being baptized in Him

1. The Bible tells us to "repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit". *Acts 2:38*
2. There are two types of baptism, baptism in water and baptism in the Holy Spirit. *Acts 1:5; Matthew 3:11*
 - a. To receive the gifts of the Holy Spirit we should be baptized physically in water, and spiritually by the Holy Spirit.
3. We should be baptized in the Spirit to be able to witness to others about Christ throughout the world. *Acts 1:8*

The gifts of the Holy Spirit

Read 1 Corinthians 12:1-11

There are many gifts of the Holy Spirit, the Apostle Paul gives a concise list as follows:

1. The gift of words of wisdom. *1 Corinthians 12:8a*
2. The gift of words of knowledge. *1 Corinthians 12:8b*
3. The gift of divine faith. *1 Corinthians 12:9a*
4. The gift of healing *1 Corinthians 12:8b*
5. The gift of miracles *1 Corinthians 12:10a*
6. The gift of prophecy *1 Corinthians 12:10b*
7. The gift of the discernment of spirits. *1 Corinthians 12:10c*
8. The gift of tongues. *1 Corinthians 12:10d*
9. The gift of interpreting tongues. *1 Corinthians 12:10e*

Not every gift is for every believer

1. Not every gift is for every believer, God gives different gifts to different believers. *1 Corinthians 12:8-11*
2. God knows each of us intimately, He calls us to unique services, and as such He gives different gifts to different believers in order to accomplish what He has called them to. *Romans 12:3-8*
 - a. That being said, some gifts are for all believers, such as speaking in tongues. *Mark 16:17; Acts 2:4*

The evidence and gift of speaking in tongues

1. The Bible shows us that speaking in tongues accompanies the baptism of the Holy Spirit, and that speaking in tongues is a sign that accompanies those who believe in Christ. *Acts 2:4, 10:44-48, 19:1-7; Mark 16:17*
 - a. This is generally accepted to mean the speaking of heavenly tongues.
2. Heavenly tongues is a language we as Christians can use to talk to God, it is our spirit crying out to Him, bypassing the logic of our mind. *1 Corinthians 14:2, 14:15; Romans 8:26-27*
3. Because the gift of tongues is so often paired with the baptism of the Holy Spirit, it is generally accepted as a sign that a believer is indeed baptized in the Holy Spirit.

How do we receive the baptism of the Holy Spirit?

1. Simply ask, and it will be given to you! *Luke 11:9-13*
 - a. It is simply that simple, ask and you shall receive. *Luke 11:10-13*
 - b. Certain gifts come through prophecy and the laying on of hands, find a group of strong Christians who are baptized in the Spirit and ask them to pray for you and with you, let them lead you prophetically as they pray for you and lay hands on you. *1 Timothy 4:14*

CONCLUSION

When we read Acts 1:4-5, we realize that the Holy Spirit is important and necessary for all Christians. We gain our direction through the Holy Spirit and He reveals truth to us. The Holy Spirit will teach us the things of God, direct us towards God's purpose for our life and give us boldness to be His witness to the world. If you have not been baptized in the Holy Spirit, what is stopping you? Ask to receive His baptism right away, and begin to receive the many good and powerful gifts He has in store for you and your ministry!

Sanctification & Living by Faith

Foundations 2 | Lesson 4

INTRODUCTION

Sanctification and faith are two of the most important aspects of our Christian walk. We need to know the importance of both, and learn to live a life of sanctification and faith.

What is sanctification?

1. Sanctification means to be separated from our sins and in doing so, move closer to God. To be set apart from sin and to be set apart unto God.
2. There are two kinds of sanctification: instant and progressive.
 - a. Instant sanctification happens the moment we are saved. *Hebrews 10:10,10:14; 1 Corinthians 6:11*
 - b. Progressive sanctification happens as we live our Christian life; trying to stop sinning and bettering our walk with God. *2 Corinthians 3:18*
 - c. Sanctification can only be accomplished with the help of Jesus. *Jude 24-25; Philippians 3:21; Hebrews 13:12; John 17:2*
 - i. It does not come from the church or the church leaders.

What does God expect from me?

1. God expects you to be perfect and holy (sin free) as He is holy. *Matthew 5:48; 1 Peter 1:14-19; Leviticus 19:2*
 - a. God knows that we will not be sin free until we reach heaven. *Romans 3:10; Revelation 21:27*
 - b. Nonetheless, God still calls us to be perfect, so it is our job to strive for perfection while on earth.
2. Sanctification can then be seen as the perfecting of ourselves for God. *2 Corinthians 7:1*

How can we pursue sanctification?

1. We must decide to present ourselves as a living sacrifice to God.
 - a. This means that we care more about what He wants than what we want, so even though our flesh desires to sin we decide not to because we know God does not want us to. *Romans 12:1-2; Romans 6:12-13*
 - b. God will help you sanctify yourself! Ask Him for help. *1 Thessalonians 5:23*

- c. God's Word, the Bible, will help you sanctify yourself. *Psalm 119:9-11; John 17:17; Ephesians 5:26*

How should we live our lives as Christians?

1. "...we should live soberly, righteously, and godly in the present age." *Titus 2:12 (NKJV)*
 - a. To live soberly (pure minded and focused) and righteously (without sin) we must live as ones who have been sanctified by Christ.
2. A Christian's life should be one of constant sanctification and growing in faith.
 - a. The Bible says that "...without faith it is impossible to please God". So in order to live a godly life we must have faith! *Hebrews 11:6*

What is faith?

1. Faith is described as "the substance of things hoped for, the evidence of things not seen" *Hebrews 11:1*
 - a. In a nutshell, faith is trusting God. But it is NOT blind trust! Instead it is trust based on evidence and substance.
 - i. Substance: If I pray for a new car, and God miraculously provides, that car is the substance of what you hoped for. You can look at the car, touch it, feel it, drive it, and remember what God did when he gave it to you! Thus, you can trust in God because you know that He has already given you a car, so what would stop Him from giving you something else?
 - ii. Evidence: Imagine you have a friend who is an abusive husband, drunk, and all around dirt bag. Then, one day all of that changes. He cleans up his life, treats his wife right, and starts doing charity work! You ask him what happened and he tells you he got saved and Jesus changed his life. His conversion, and dramatic life change is evidence of the unseen power of God! This evidence allows you to trust God to do miracles in your life and others!

How do we grow our faith?

1. God gives us each a measure of faith when we are saved. *Romans 12:3*
 - a. To grow, or strengthen, the faith we are given we must use it (like a muscle).
 - b. We have a choice; we can remember the evidence of God's salvation in our life and because of that, trust God for more, or we can choose to not trust God for more.
2. As we put our trust God (the more faith we have), He is faithful to reward us. *Matthew 8:5-13*
 - a. The more we trust God, the more He gives us... allowing us to trust Him even further!

3. To grow in faith, we must "...walk by faith, not by sight." *2 Corinthians 5:7; Hebrews 10:23*
 - a. This means that in our daily lives, we must choose to trust God over what we can see happening in the natural, around us.

CONCLUSION

Living life as a Christian will not always be easy, fun, or comfortable. Sanctification can hurt, and faith can be fleeting in dire situations. But with the help of God we can live a life of sanctification and faith, perfecting ourselves over time, until one day we are made perfect (sinless) in heaven.

My Role in the Church & Tithing

Foundations 2 | Lesson 5

INTRODUCTION

In our Christian walk, we are not only responsible for our personal growth, but we also have a responsibility to help the body of Christ (the church) grow. The church is meant to be an encouraging and unified place to lift up, protect, and guide believers. Since the time of Jesus, churches have protected and spread the Gospel throughout the nations; churches continue with that same mission today. Church isn't just for the hyper religious either, instead it is God's desire that every believer would be a part of this extremely important aspect of the Christian faith! Let us study together and see how we can be a vital member of the body of Christ.

God wants believers to attend a local church

1. We are commanded to gather together, and not to forsake the gathering of believers.

Hebrews 10:24-25 *And let us consider one another in order to stir up love and good works, not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching.*

2. We are compelled to love the house of the Lord. *Psalms 122:1*

- a. Church should be something we look forward to, not something we do out of obligation. If you choose to love God and His people then loving church should come naturally.

3. God wants us to worship and praise Him together.

- a. We are called to sing praises to God by singing songs and playing instruments in His sanctuary. *Psalms 150*

- b. We are called to worship God together, not just alone. *Psalms 34:3*

4. We are in the presence of God when we gather together.

- a. We should gather together because God says He will be in our midst there.

- b. We should pray together because God says He will answer our prayers when we pray together.

Matthew 18:19-20 *"Again I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by My Father in heaven. For where two or three are gathered together in My name, I am there in the midst of them."*

5. God wants us to learn His Word.

- a. The Bible tells us that it is impossible to please God without faith (*Hebrews 11:6*)! It also tells us that faith comes from hearing the Word of God, and specifically, listening to preaching from a preacher is a main way we grow in faith. *Hebrews 11; Romans 10:14, 10:17*

God wants believers to serve at a local church

1. We should go to church not only for ourselves but also for the benefit of others.
 - a. When we are around other believers at church we get to know them and their needs, both physical (such as needing healing or help paying bills), and spiritual (such as emotional needs). We should always be on the lookout for how we can use our own strengths to help others, and church is a perfect place to do that. *Romans 15:1-2; Matthew 25:31-46*
2. God has gifted each of us differently, we should use those gifts to serve Him.
 - a. The church has many things that need to be done, from cleaning the sanctuary, to preaching, to consoling others. All of these tasks are important, we should help out the church however we can. *1 Peter 4:10*
3. We serve because Jesus served. *Matthew 20:25-28*

God wants believers to give to a local church

1. We are all called to tithe
 - a. The word tithe literally means “10%” and means in a Christian setting to give 10% of our income back to God.
 - b. We should give our tithes to the church to handle. *Malachi 3:10; Nehemiah 10:37*
2. We are also called to give offerings
 - a. An offering is a gift that is separate from our tithe, it is not counted towards a 10% tithe.
 - b. Unlike tithing, there is no set amount we are called to offer. We should give God offerings as He leads us and when He leads us. *Ezra 7:14-16*
3. We should give faithfully
 - a. Not paying tithes and offerings is a serious thing to God! It is a sin, and is literally called “robbing God”. *Malachi 3:8-9*
 - b. We should give our “First Fruits”. That means that we should give or set aside money as soon as it comes in for tithes and offerings, don't wait until the end of the month and give God your leftovers! *Proverbs 3:9-10*
 - c. God will trust us with more if we show Him we are faithful in the little. *Luke 16:10-12*
 - d. Everyone should give tithes and offerings, not just those who have lots of money. *Mark 12:41-44*
4. God will bless us for faithfully giving tithes and offerings. *Malachi 3:10-12*
 - a. In fact God encourages us to “test” or “try” Him in this, it is the only area of our faith we are allowed to test God!

Malachi 3:10 NKJV *Bring all the tithes into the storehouse, That there may be food in My house, And try Me now in this," Says the LORD of hosts, "If I will not open for you the windows of heaven And pour out for you such blessing That there will not be room enough to receive it.*

CONCLUSION

God wants us all to be involved with His work, so we all should be a part of a local church where we can gather together to grow, worship, fellowship, tithe, offer, and serve!

Healing

Foundations 2 | Lesson 6

INTRODUCTION

For most Christians, one of the most common things we pray is to ask God for healing: We ask Him to heal our friends, our loved ones, and ourselves. Sometimes we ask for something small, such as “God, heal my headache” or “Please cure my cold, Father”, but other times we ask for miracles: “God, heal my mother of cancer” or “Father, let my friend be able to walk again!” We might even be so bold to pray for a blind man to be able to see! The question is, are these requests Biblical? What does the Bible teach us about divine healing?

Who does the healing?

1. The Bible calls God Jehovah Rapha. *Exodus 15:26*
 - a. This is Hebrew for “I am the Lord who heals you”.
2. Jesus is often times called “The Great Physician” because He could so easily heal people, often just by speaking to them, as He did with the man who had been sick for 38 years. *John 5:1-9*
3. The Bible tells us that the Holy Spirit gives the gift of healing to some Christians so that when we pray people can be healed. *1 Corinthians 12:9*
4. Many times believers are encouraged to pray for others to heal them, it is important to remember that it is God (The Father, the Son, and the Holy Spirit) who does the healing, not us. *Isaiah 53:4-5; Psalm 30:2; Exodus 23:25*

Who is healing for?

1. Healing is for believers (Christians)
 - a. We learn in the Old Testament that Jesus Christ would suffer and die for our sins, it also tells us that “By His (Jesus’) wounds we are healed” *Isaiah 53:4-5*
 - b. In the New Testament this message is repeated, by his wounds we are healed! *1 Peter 2:24*
2. Healing is for unbelievers
 - a. Jesus healed multitudes of unbelievers. He healed the blind, the sick, and the handicapped, he healed all who came to Him seeking healing. We never see Jesus turn anyone away who was looking for healing! *Luke 8:43-48, 8:49-56; Mark 5:34; Matthew 9:35*
 - b. Jesus healed unbelievers so that they could know the Gospel and be saved. *John 10:37-38*

Healing in unbelievers

1. Why does God heal unbelievers?
 - a. God heals unbelievers to lead them to Him so they might be saved. *Mark 2:3-12; John 3:2, 5:36, 10:37-38, 14:10-11, 20:30-31*
2. Who does God use to pray for and bring healing to the unbelievers?
 - a. God uses Christians. In order to successfully ask God for the healing of an unbeliever you must be a Christian. *John 9:31*
 - b. God uses those who ask according to His will. *1 John 5:14*
 - c. God uses those who have the gift of healing. *1 Corinthians 12:9*
3. If you are saved, asking for healing for the right reason, and have the gift of healing then there is nothing holding you back from praying for others to be healed! God can and will use you to heal others so they might know Him!

Healing in believers

1. God said that we are healed by Christ's wounds (*Isaiah 53:5*), so why do Christians still get sick?
 - a. Christians get sick for a variety of reasons. One large reason we get sick is because of sin. God doesn't want us to sin, and sometimes sickness is a consequence of our sinful behavior. *Deuteronomy 28:58-60; 1 Corinthians 11:27-31*
 - b. Sometimes Christians get sick, and it has nothing to do with sinning. Sometimes people get sick (Christians and unbelievers) to show the glory of God when they are healed. *John 9:1-3*
 - c. Sometimes God allows us to be sick to build character. *Romans 5:3-5*
2. So then, for a Christian to receive healing they need to make sure they are not living in sin.
 - d. If they are living in sin then they need to repent and turn back to God.
3. If a Christian is not living in sin, they need to ask God if He is allowing them to be sick to build character. When Paul, one of the most faithful Christians in the Bible, asked for healing, God responded "My grace is sufficient for you" and did not heal him. *2 Corinthians 12:7-9*
4. The Christian needs to make sure that God gets the Glory for any healing. *Matthew 5:16*
5. Believers should seek the church's help in finding healing. The church is instructed to bring forth the elders (leaders) of the church to pray for those sick in the church. *James 5:14*

CONCLUSION

In the end, it is clear that divine healing is a Biblical principle. We know that God can and will heal both unbelievers and believers alike, for different reasons. He heals the believer to help them live a more abundant life, and to get glory; He heals the unbeliever to show them His power so they might be saved, and again to get the glory. However we must also remember that sometimes God allows us to be sick, either as a consequence of sin, or as a way to teach us to be stronger and better Christians.

Winning Others

Foundations 2 | Lesson 7

INTRODUCTION

Think for a moment about how you became a Christian, the odds are you became a Christian because someone told you about Jesus or invited you to church. The truth is, most people become Christians because someone else (family, friends, or even a total stranger) decided to “witness” to them.

What is “witnessing”?

In Matthew 28:19 Jesus commands all who follow Him to “go out to all the world and make disciples”, this is called the great commission. A disciple is someone who follows the teaching of Christ daily, learning and growing in Him. Witnessing is the act of making a disciple.

- a. In short, “Witnessing” means ‘to tell someone about Jesus’.
- b. Another word for *Witnessing* is *Evangelism*. The word *Evangelist* literally means “Preacher of the Good News”!

Is every Christian supposed to witness?

1. Yes, all Christians are commanded by God to Witness!
 - a. Jesus Himself commanded us to go out into all the world to proclaim the Gospel and to baptize new believers into Christ. *Mark 16:15; Matthew 28:19-20; Acts 1:8*
 - b. The Bible tells us that everyone who calls on the name of Jesus will be saved... it then asks “How then will they call on Him in whom they have not believed? And how are they to believe in Him if they have never heard [of Him]? And how are they to hear [about Him] without someone preaching [about Him]?” *Romans 10:10-17*
 - c. We are told not to be ashamed of the Gospel. *Romans 1:16*
 - d. We are told to “do the work of an evangelist”. *2 Timothy 4:1-5*

How am I supposed to witness?

1. First, you need to be prepared to witness.
 - a. You must be saved, with the power of the Holy Spirit inside of you. *2 Timothy 4:5*
 - b. You need to be doing your best to be living a holy (sin free) life. *1 Peter 2:12; 2 Timothy 2:15*
2. Next, make sure you know your audience.
 - a. Become all things to all men so that some might be saved! Paul tells us to be a “Greek to a Greek, and a Jew to a Jew” this means that you should speak and behave differently

- depending on who you are talking to, so that they will feel comfortable with you and receive what you are saying. *1 Corinthians 9:20-22*
- b. Don't force Jesus down people's throat, if your audience clearly does not want to listen to you, then move on! *Matthew 10:14*
3. Further, you need to literally tell people (with your own words) about Jesus! *Romans 10:10-17*
 - a. Someone, at some point, had to tell you about Jesus, you need to be that someone for others!
 - b. Tell people your testimony (how you got saved, what God has done for you) *1 Timothy 1:8; Luke 8:39*
 4. Finally, you need to bring people to a decision.
 - a. It is not our job to force someone to become a Christian, it is our job to bring them to a place to make a choice. After telling someone about Jesus, and you feel they understand, ask them if they want to be saved and baptized. Let them make the choice! *Joshua 24:15*
 - i. If they choose to be saved, help them pray to Jesus! Help them ask Jesus for forgiveness and confess him as Lord, then talk to them about baptism. Feel free to call a church leader for help if you need it!
 - ii. If they choose not to be saved, that is ok! Let them choose that, but continue to pray for them and love them. Sometimes it takes a while for someone to come to Christ.

CONCLUSION

The Bible says that the angels in heaven rejoice when one person decides to follow Christ (*Luke 15:7-10*), be a party planner for heaven and go get some people saved!

Temptation & Victory

Foundations 2 | Lesson 8

INTRODUCTION

As we have learned in earlier lessons, we live in a fallen world. That means that even though we are Christians we still have to live in a world that is obsessed with sin. We are surrounded by sin every day, in the media, at our jobs and in our schools. Naturally, being surrounded by so much sin is going to tempt us, make us desire to sin as the world does. In this lesson you will learn how to deal with temptation and be victorious in overcoming the draw of sin!

What is temptation?

1. The KJV dictionary definition of temptation is “The act of tempting; enticement to evil by arguments, by flattery, or by the offer of some real or apparent good.” Read the story of Jesus’ temptation by Satan in Luke 4:1-13 to see these few great examples of what temptation looks like.
 - a. Sometimes temptation is the offer of physical goods that we need (like food, clothing, and shelter) in exchange for some kind of sin. Satan offered a very hungry Jesus some bread if Jesus would obey him. *Luke 4:3*
 - i. An extreme example of this would be a drug dealer who is selling drugs to support his family. The drug dealer is clearly sinning, but temptation tells him that it is worth it so he can pay for all of his family’s bills.
 - b. Sometimes temptation offers something you really want, but don’t necessarily need, in return for sin. Satan offered Jesus all of the kingdoms of the world if Jesus would sin, this would have been a huge temptation for Jesus who came to save the world! *Luke 4:5*
 - i. In our lives this could look like the temptation to steal music off the internet. We sin if we break the law (it’s illegal to pirate music and movies from the internet in America) but we would get something in return (free music, movies, and TV shows) for that sin. *Luke 4:7*
 - c. Another form of temptation has to do with our feelings and even our ego. Sometimes we are tempted to sin in order to make us feel good, or to inflate our ego (this is pride, a sin in and of itself (*Proverbs 8:13*)). Satan demanded that Jesus prove Himself to be the son of God, but Jesus had nothing to prove. While it may have been tempting to shut Satan up, Jesus knew that would require sinning. *Luke 4:9-12*
 - i. Many times we are tempted to lie to make ourselves look better. I.E. fishermen who lie about how big the fish they caught was!
 - ii. Other times we are tempted to sin because it makes us feel good. We are tempted with sexual sin because it feels good, and it makes us feel loved. We are tempted to steal from a store because it gives us a rush. But no matter how good the feeling, it is never worth sinning against God!

When does temptation come?

1. Temptation comes when it can do the most damage, when you are at your weakest and most vulnerable moments. When Satan was done tempting Jesus it said that Satan left to come back at "an opportune time." *Luke 4:13*
 - a. The Bible tells us to be alert and clear minded because the devil is roaming around like a lion looking for people to steal from, kill and destroy. It is when we are not alert and clear minded that the devil will strike! *1 Peter 5:8*
 - b. We also have to worry about temptation from our flesh! The Bible tells us that our flesh is sinful, wanting to do bad things, the opposite of what our spirit wants. Temptation comes when our sinful desires are stronger than our godly desires. *Romans 7:15-25*
 - i. If we spend too much time in the world, watching secular movies and TV, hanging out with non-Christian friends, or reading books that are not godly then we are inviting temptation to come into our lives, because we are feeding our flesh instead of our spirit. *Galatians 5:17*

Is it a sin to be tempted?

1. The simple answer to the question "Is it a sin to be tempted?" is no. Jesus was tempted and never sinned! So we know that being tempted is not a sin.
 - a. "But what if the temptation is REALLY bad?" Again, the answer is NO it is not a sin to be tempted no matter what the temptation. The Bible says that Jesus was tempted in ALL ways, but never sinned! *Hebrews 4:15*

How do we overcome temptation and avoid sin?

1. One major thing we need to do in order to overcome temptation is to ask for God's help.
 - a. In fact, one of the lines in the famous "Lord's Prayer" is a request for help with temptation. "Lord lead us not into temptation, but deliver us from the evil one." *Matthew 6:13*
2. Resist the devil when he tempts you!
 - a. The Bible says that if we honor God and resist the devil then he will flee from us, just as he did with Jesus in Luke chapter 4. *James 4:7*
3. Look for God's provided way out of temptation.
 - a. Every temptation that you are faced with is common amongst other believers, there is no uncommon or rare temptation! Know that you are not alone and God will always provide a way out of temptation for you! *1 Corinthians 10:13; James 1:13-14*
 - b. Ways out of temptation may include:

- i. Fleeing from the temptation, especially if it is sexual. *1 Corinthians 6:18*
- ii. Resisting temptation. Tell it no! Command it to leave you in the name of Jesus. *James 4:7*
- iii. Focusing on good and godly things instead of things that lead to temptation. *Philippians 4:8*

CONCLUSION - LIVING IN VICTORY

1 John 5:4 tells us that our faith is the victory that overcomes the world. As we continue to live life as Christians we can expect to be tempted, and tempted a lot. Living in victory does not mean never being tempted, instead it means having the faith to say “no” when temptation arises. As our faith grows, our ability to resist the devil, and our ability to see God’s provided way out of temptation will grow, and we will find resisting temptation to be easier. Living in victory looks like living in faith, studying the Word of God, remembering all He does for you, and not forgetting Him in those times of hard and deep temptation!